

Introduction To Group Facilitation (two day course, 28th and 29th June) - £150

Are you facilitating a group or would you like to be?

From the moment we are born we belong to a group and continue to be a part of and experience groups throughout our lives. Groups have a power, an energy and culture of their own. Sometimes we can find ourselves swept along by a group, taking up certain roles within it and losing our individual identity.

Group therapy can be enormously potent and beneficial for the group members as well as for the facilitator. It can offer a supportive yet challenging environment in which clients can explore and resolve their issues.

On this course we will explore models for understanding groups and develop tools for use when running groups as well as inviting participants to explore their own process within groups. We will look at common problems that occur in groups and how to manage these.

This course will be useful for anyone wanting to understand more about groups.

Course venue: The Link Centre, Headway Hurstwood Park, Headway House, Jackies Lane, Newick, East Sussex BN8 4QX

Course facilitator: Mica Douglas is a UKCP registered psychotherapist who has trained teachers, probation officers, social workers, residential workers and others in how to run client groups at basic, intermediate and advanced levels. She co-authored a training manual called 'The Fast Facilitator' (2002) Gower.

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Name

Address

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Tel. no E-Mail

Have you any training or experience of counselling, psychotherapy, consultancy or psychology (please provide details)?

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Please return enclosing payment of £150 (cheque made payable to The Link Centre) to:
Admin Office, The Link Centre, Forest Dell, Green Lane, Crowborough, Sussex TN6 2DG