

**Aim of Course:**

- To provide a comprehensive training in the theory and practice of supervision.
- To build on existing skills and develop practitioners to be able to supervise across a range of modalities.
- To provide a range of assessment processes to stimulate and challenge participants in their development as a supervisor.
- To facilitate the development of competent, ethical supervisors.

**Qualification:**

Diploma in Supervision. Link Centre certificate issued on completion of all criteria.

**Pre Course Requirements:**

- Counselling/Psychotherapy qualification or other relevant qualification
- Minimum of three years post qualification practice (min of 150 hours per year)
- Either practising as a supervisor or have the opportunity to supervise at least 2 supervisees over the duration of the course
- Be a member of a professional body and Practice in accordance with their COE
- Do not have any outstanding complaints against them
- Are committed to their own personal and professional development
- Have current professional indemnity insurance
- Be in formal supervision of their supervision practice

**Structure:**

12 modules over 6 months

**Supervising:**

Participants will need to supervise a minimum of 2 supervisees during the course (40 hours). This can be in a voluntary or paid capacity. Participants are responsible for finding their own supervisees. The 40 hours can be completed after the course has ended.

**Supervision:**

Participants are required to be in ongoing supervision on their supervision for the duration of the course (min. one per month). Participants are responsible for organising their own external supervision with an appropriately experienced and qualified supervisor.

## Outline of the Course

<b>Module</b>	<b>Date (2023)</b>	<b>Content (subject to change)</b>
1	Sat 28 <sup>th</sup> Oct	Forming as a group/contracting Course requirements and expectations (BACP requirements) What is supervision/what is the purpose/task? Formative, Normative, restorative – Proctor – (1988) Overview of models of supervision What makes a good supervisor? Core supervision competencies The supervisory relationship Contracts in Supervision
2	Sun 29 <sup>th</sup> Oct	Preparing the ground to supervise Task and roles of supervisor /supervisee and responsibilities Client presentations/ admin/ keeping track Practitioner's records Introduction to feedback Giving and Receiving feedback Introducing Skills Groups Skills groups
3	Sat 25 <sup>th</sup> Nov	Developmental models- Inskipp Stoltenburg and Delworth Hawkins and Shoheit Adjusting your style to the needs of the supervisee Potency, Protection, Permission Staying in relationship while viewing the meta perspective Skills practice/feedback- forms
4	Sun 26 <sup>th</sup> Nov	Areas of focus Seven eyed model Skills for different issues Skills practice/feedback- forms
5	Sat 27 <sup>th</sup> Jan	Mazetti's process model – or 'how to' Skills practice/feedback – forms
6	Sun 28 <sup>th</sup> Jan	Working with difference/diversity Ethics in Supervision Supervision and the law Managing boundaries Skills practice feedback – forms

<b>Module</b>	<b>Date (2023)</b>	<b>Content (subject to change)</b>
7	Sat 24 <sup>th</sup> Feb	Working with three (four, five) cornered contracts Working in organisations Managing boundaries with other professionals
8	Sun 25 <sup>th</sup> Feb	Group or individual? Group process in supervision How to use the group Types of groups  Skills – managing a group – feedback- forms  [Case Study Submitted]
9	Sat 23 <sup>rd</sup> March	Peer Feedback on Case Study Reviews Your supervision philosophy How does this affect your supervision?/ Your personal style? You as supervisor – strengths/areas for growth self evaluation present to small group Skills
10	Sat 24 <sup>th</sup> March	Creative Supervision Skills – Creative Supervision – Feedback
11	Sat 27 <sup>th</sup> April	Tutor assessment Taped Piece assessment Ending in Supervision
12	Sun 28 <sup>th</sup> April	Ending with the group Where to now? Celebrations

### **Assessment:**

Case Study - 3000 words

Ongoing assessment of theoretical understanding/application and practice

Live Peer/Tutor Assessment

Taped Piece- 5 mins – questions by peers and tutors